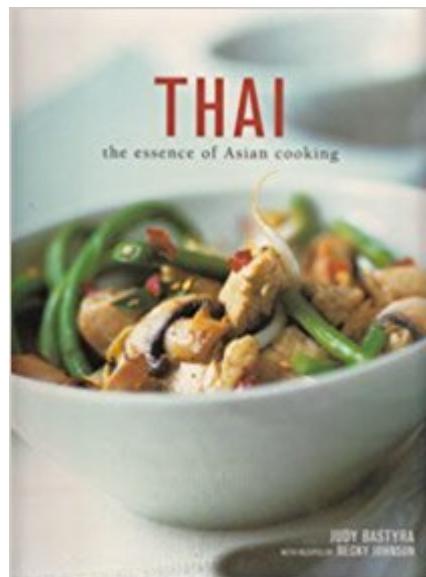


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# Thai: The Essence Of Asian Cooking



## **Synopsis**

Cooking.

## **Book Information**

Paperback: 256 pages

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## **Customer Reviews**

Cooking.

I've tried about 20 recipes from this book and have been pretty happy with the results over all. I generally judge Thai cookbooks by their recipe for Panang Curry (which I love) and the one in this book does not meet the mark. But this book is not really a Thai cookbook anyway, but a more general Southeast Asia cookbook. I'm blessed to have Asian in-laws who have taught me to appreciate the wide and wondrous variety of amazing food that originates there.

I own a few Thai cookbooks and this is the one I reach for the most. I'm finding that the recipes are pretty close to taste with minor adjustments. Everything I tried with this one has come out great...the noodles and chicken dishes are our favorites and the soup. You will be happy with this one.

as described, rapid delivery

Excellant

I found the reading and explanations very adept and easy to follow. I was especially pleased with

the authors style and flare for cooking.

This book is great. It is packed with information (it is actually quite a heavy cookbook!). The first chunk covers the different regions and ingredients used in Thai cooking and is followed by delicious recipes. A must-have for someone interested in the nuts and bolts of this delicious cuisine.

I love Thai. So many people think they can't eat Thai food as it is too spicy. That is not true. There are many less spicy dishes and you can always tone down the heat, spices, chiles etc. Plus a lot are sweet and spicy. You have not tried Asian food until you get away from the same old Chinese recipes you always cook or the restaurants you frequent. If you are looking for a Thai book this one is not bad to try. The recipes are not difficult and you can get most of the ingredients from Asian stores but sometimes in your local food stores. The photos (preparation, food , results, techniques) are spectacular. There is a nice forward section with photos of the history , thai cuisine in general and differences from the regions. Traditional meals, holiday meals and information are also covered so you also getting a geographic and history as well as a food tour. What I like is there a little paragraph which tell about the background for the recipe. I have not tried many recipes from this book yet but the steamed fish (with Lemongrass and chilies) was pretty good (9.6/10). There are quite a few to try like appetizers, vegetable, fish , beef , , soups , side dishes and food shopping. There are a lot of Thai books but this one gives you a tour on the side and more. Take a look and see what you think and try Thai!

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